

UW Medicine

UW SCHOOL
OF MEDICINE

WOMEN'S HEALTH CARE UPDATE



Thursday & Friday
March 26-27, 2020

ONLINE
WEBINAR via ZOOM

Sponsored by UW School of Medicine
Department of Obstetrics & Gynecology
Office of Continuing Medical Education

TARGET AUDIENCE

Women's Health Care Update is intended to address the target audiences of physicians, residents, fellows, hospitalists, and community based physicians and providers, all who practice in the area of primary health care for women.

COURSE DESCRIPTION

This conference is an annual update for women's health care providers on current topics relevant to women's health. The topics are selected from suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women in an outpatient setting. The format is a series of short lectures followed by question and answer sessions.

In the rapidly evolving field of medicine, it is important that physicians and providers continue life-long learning to provide the best care possible for their patients. Women's Health Care Update provides an opportunity to disseminate information on various topics including technology, disease states, new treatment guidelines, risk management, quality and process improvement. The American Board of Medical Specialties has developed six core competencies and a four-part process for continuous learning. The Women's Health Care Update is one method to provide educational programs to help physicians maintain competency.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to provide the following for women:

- Understand limitations of current research about medical effects of marijuana.
- Manage recurrent urinary tract infection, and urinary incontinence.
- Manage early pregnancy loss, pregnancy of unknown location and acute abnormal uterine bleeding.
- Understand unique care needed for refugees and victims of trauma.
- Provide care for women with sexual dysfunction or pelvic pain.
- Be familiar with updates in endometrial and cervical cancer care.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 15.5 AMA PRA Category 1

Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



FEES AND REGISTRATION

COURSE FEES	
MD/DO/PhD	\$425
Allied Health	\$375
*Resident/Fellow	\$150
<i>*Resident/Fellow rate requires written confirmation of current status</i>	

UW CME is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of AMA PRA Category 1 Credits™, access to online instruction materials, catering, taxes, faculty planning, salaries, venue and logistics.

To enroll, please complete the enclosed registration form and include payment or register online at uwcme.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

ONLINE CONFERENCE MATERIALS

Syllabus material for conference registrants will be available online at uwcme.org by **March 23, 2020**. Registrants may print and/or download the materials. A handout with the agenda and pages for note-taking will be provided at the conference (printed handouts of presentations will not be provided).

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced. In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **March 12, 2020**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **March 12, 2020**. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: **call 206.543.1050 or email cme@uw.edu**.

SPECIAL SERVICES

Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

Course Faculty

COURSE CO-CHAIRS

Alson Burke, MD

Assistant Professor

Department of Obstetrics & Gynecology

Carolyn Gardella, MD, MPH

Professor

Department of Obstetrics & Gynecology

GUEST SPEAKER

Dina Gordon, MD

Obstetrician/Gynecologist

Swedish Medical Group

Seattle, WA

FACULTY

Catherine Albright, MD, MS

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Department of Obstetrics & Gynecology

Anne-Marie Amies, MD

Professor

Department of Obstetrics & Gynecology

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Clinical Professor

Department of Medicine

Lyndsey Benson, MD, MS

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Division Chief, Women's Health

UW Medical Center

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VA Puget Sound Health Care System

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Associate Professor

Department of Obstetrics & Gynecology

Division of Gynecourology

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Department of Obstetrics & Gynecology

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Assistant Professor

Department of Pediatrics

Seattle Children's

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Clinical Assistant Professor

Division of General Internal Medicine

Jocelyn James, MD

Assistant Professor

Division of General Internal Medicine

Justin Junn, MD, MBA

Clinical Assistant Professor

Department of Obstetrics & Gynecology

Jason Kilmer, PhD

Associate Professor

Department of Psychiatry & Behavioral

Sciences

Gretchen Lentz, MD

Professor

Division Director

Department of Obstetrics & Gynecology

Joelle Lucas, MD

Clinical Assistant Professor

Department of Obstetrics & Gynecology

Vicki Mendiratta, MD

Associate Professor

Department of Obstetrics & Gynecology

Heath Miller, MD

Clinical Associate Professor

Department of Obstetrics & Gynecology

Melissa Paulen, MD, MPH

Fellow

Department of Obstetrics & Gynecology

Thursday, March 26, 2020

7:30 Registration and Continental Breakfast

8:00 What the Science Says (Or Hasn't Yet Said) About Cannabis/Marijuana:
Implications for Health Care Settings and Patient Visits
Jason Kilmer, PhD

8:40 Trauma and Immigrant Health
Mahri Haider, MD, MPH

9:20 Endometrial Cancer Update
Kemi Doll, MD, MCSR

10:00 Break

10:15 Premenstrual Dysphoric Disorder
Vicki Mendiratta, MD

10:55 Reproductive Impact of Congenital Heart Disease
Catherine Albright, MD, MS

11:35 Billing Pearls
Justin Junn, MD, MBA

12:15 Lunch break

1:00 Outpatient Treatment of UTI
Chloe Bryson-Cahn, MD

1:40 Female Sexual Dysfunction Dilemmas
Gretchen Lentz, MD

2:20 Diagnosis and Management of Urinary Incontinence
Michael Fialkow, MD, MPH

3:00 Break

3:15 Choosing A Contraceptive Pill and Managing Symptoms
Melissa Paulen, MD, MPH

3:55 Counseling Adolescents and Young Adults About Relationship and Sexual Health
Anne-Marie Amies, MD

4:35 Management of Early Pregnancy Loss
Lyndsey Benson, MD, MS

5:15 Adjourn

Friday, March 27, 2020

7:30 Sign-In and Continental Breakfast

- 8:00 Common Questions About Cervical Cancer Screening Answered
Seine Chiang, MD
- 8:40 Managing Opioid Use Disorder in Primary Care
Jocelyn James, MD
- 9:20 Genetic Counseling: A View From The Trenches
Robin Bennett, MS, CGC, ScD Hon
-

10:00 Break

- 10:15 Eating Disorders in Adolescents
Sarah Golub, MD, MPH
- 10:55 Pelvic Pain in Women
Heath Miller, MD
- 11:35 Trauma Informed Care: Understanding and Approach
Stefanie Deeds, MD
-

12:15 Lunch break

- 1:00 Vaginitis 411
Carolyn Gardella, MD, MPH
- 1:40 Friend or Foe? Pregnancy of Unknown Location
Joelle Lucas, MD
- 2:20 Management of Acute Abnormal Uterine Bleeding
Esther Fuchs, MD
-

3:00 Break

- 3:15 Legislative Updates
Alson Burke, MD
- 3:55 The Fourth Trimester
Dina Gordon, MD
-

4:45 Adjourn

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MJ2011

COURSE FEES	
MD/DO/PhD	\$425
Allied Health	\$375
*Resident/Fellow	\$150
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REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () -	Email	

PAYMENT

*Residency Program, if applicable _____

Check (payable to University of Washington)

Credit Card (please note a payment link will be sent)

<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt
		Task

RETURN COMPLETED REGISTRATIONS

MAIL:
 UW CME
 Box 359558
 Seattle, WA 98195-9558

FAX:
 206.221.4525

CALL:
 206.543.1050

Register online at uwcme.org